*Understanding 1 & 2 Timothy*

**Growing in Godliness**

*1 Timothy 4:6-10*

*Related Scriptures: 1 Corinthians 9:24-27*

*Opening Thoughts:*

Two Essentials needed for growing in godliness:

**I. A Good \_\_\_\_\_\_\_ (Vs. 6-7a)**

 1. What to \_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_\_\_ in godliness (2Timothy 2:15)

 2. What \_\_\_\_\_\_ to eat to \_\_\_\_\_\_\_\_\_ in godliness (2 Timothy 3:2-5)

**II. Daily \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Vs. 7b-10)**

1. The \_\_\_\_\_\_\_\_\_\_\_\_\_ of godliness (1 Corinthians 9:24-27)

 2. The \_\_\_\_\_\_\_\_\_\_\_\_\_ of godliness (Matthew 10:29-30)

 3. The \_\_\_\_\_\_\_\_\_\_\_\_\_ of godliness (2 Corinthians 4:16-18)

 4. The \_\_\_\_\_\_\_\_\_\_\_\_\_ of godliness (1 Timothy 3:16)

* **Points to Ponder**
1. What does your spiritual discipline look like? Is there a pattern of godliness already developed in your life? Spend time this week coming up with a workout plan for yourself spiritually and begin working out to grow in godliness.
2. Is there something in your life which you have been feeding on which is having a negative effect on your growing in godliness? Spend time this week asking the Lord to reveal any worldly food you need to get rid of and replace it with food which will help you grow in godliness.