*Surviving the Storm | Part: I*

**The Secret of Contentment**

*Philippians 4:10-13*

*Opening Thoughts:*

*4 Lessons Learned from the Apostle Paul on the Secret of Contentment:*

**I. What Contentment brings (vs. 4:10)**

**II. How Contentment is Learned (vs. 4:11)**

**III. Where Contentment is Found (vs. 4:12)**

**IV. How Contentment is Lived out (vs. 4:13)**

**POINTS TO PONDER:**

1. According to Philippians 4:12 where does true Godly contentment come from? Why is our knowledge of who Christ is and all that we have in Him important in understanding contentment?
2. According to Philippians 4:13 how are we as believers able to live content lives like Paul? Where does the power come from? What is the source of the power? Why don’t we live content lives? How can we encourage each other more to be content?
3. According to Philippians 4:11 where had Paul learned the lesson of contentment? How are you doing at learning the lesson of contentment? What areas in your life do you struggle with discontentment?