The Heart, Sin, and Lasting Change

1. Read (Matthew 15:19). What do you learn about the relationship between our hearts and sin?

2. What do you learn about the component parts of the heart of man?

a. (Psalm 139:23-24) –

b. (Hebrews 4:12) –

3. All sin, especially persistent sin, is rooted in wrong thinking intertwined with lustful desires, with our emotions evidencing our wrong thinking/desires. All lasting God-pleasing change minimally involves:

a. Discerning the legitimate desires that have turned lustful, which in turn give rise to sinful actions.

b. True repentance toward God for these lustful desires and actions (2 Cor. 7:9-11).

c. Putting off the wrong/lustful thinking, desires and actions, putting on right/God-glorifying thinking, desires and actions (Eph 4:20-24).

d. Making no provision for the lusts of the flesh (Rom. 13:12).

e. Walking in daily submission and communion with the Lord (2 Cor. 5:14-15) (Gal. 5:16)